<b>Latent TB Infection</b>	Active TB Disease
You feel well	You feel sick
You can't spread TB to others	You can spread TB to others
Pills keep you from	Pills make you better

# Who do I call if I need help?

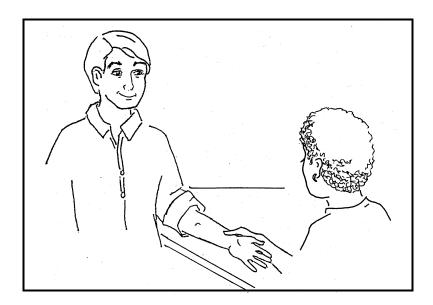
For more about TB call the Massachusetts Department of Public Health **Division of TB Prevention & Control** 

Phone- (617) 983-6970

Web page: www.magnet.state.ma.us/dph/cdc/tbprog.htm

# **Your TB Test**

Answers to questions people ask most often



TB

Can be prevented
Can be treated
Can be cured

**Tuberculosis** 

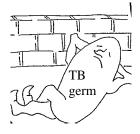
Tuberculosis is also called TB

### What is TB?

TB is a disease caused by germs that mostly affect the lungs.

## What does a positive TB test mean?

A positive TB test means you have TB germs in your body. TB germs can live in your body without making you sick. Your body builds a wall around the TB germs which keeps them from harming you. This is called **latent TB infection**.





Some people with a positive skin test get sick with TB. The wall breaks down, and the TB germs escape and make them sick. This is called **active TB disease**.

# How did I get the TB germs?

You catch TB germs by spending a lot of time with someone who has active TB. A person with active TB may cough a lot. Coughing or sneezing sprays TB germs into the air where you can breathe them in.

## Can my family or friends catch TB from me?

If you have **latent TB infection**, no one can catch TB from you.

If you have **active TB disease**, your family, friends and people you spend time with can catch TB from you.

# Why do I need a chest x-ray?

If your skin test is positive, you will need a chest x-ray. The x-ray will show if you have active TB in your lungs or not. Your doctor or nurse will tell you where to get your **free** chest x-ray.



# What can I do so I don't get sick with TB?



To be sure you don't get sick, you may need to take pills to kill the TB germs. **The pills are free.** Your doctor or nurse will tell you how many to take and when to take them.

## What happens if I don't take the pills?

If you don't take the pills, there is always a chance that you could get sick with active TB disease.

These are the signs of active TB disease.

- always tired
- no appetite
- a cough that lasts for many weeks
- sweating at night
- weight loss
- Fevers

TB Test Result:	mm Date:	_
Name:		_
Clinic Appointment	Date:	•
Location:		